

Cours Pilates et ateliers Fusion

du mardi 24 juin au samedi 27 juillet 2019

| | LUNDI | MARDI | MERCREDI | JEUDI | VENDREDI | SAMEDI |
|-------|-------|--|---------------------------------------|--|--|------------------------------------|
| 09:30 | | | | | | |
| 09:45 | | | | | | |
| 10:00 | | | | | | 9:30 à 10:30 PILATES INTER 2 |
| 10:15 | | | | | | |
| 10:30 | | | | | | |
| 10:45 | | | | | | |
| 11:00 | | | | | | |
| 11:15 | | | | | | |
| 11:30 | | | | | | 10:45 à 12:45 FUSION AVANCE |
| 11:45 | | | | | | |
| 12:00 | | | | | | |
| 12:15 | | | | | | |
| 12:30 | | | | | | |
| 12:45 | | 12:30 à 13:30 PILATES A LA BARRE | | 12:30 à 13:30 PILATES A LA BARRE | | |
| 13:00 | | | | | | |
| 13:15 | | | | | | |
| 13:30 | | | | | | |
| 17:30 | | | | | | |
| 18:00 | | | | | | |
| 18:15 | | 18:00 à 19:00 PILATES INTER 1 | 18:00 à 19:00 PILATES DEBUTANTS | 18:00 à 19:00 PILATES INTER 1 | 18:00 à 19:30 FUSION INTERMEDIAIRE 1 | |
| 18:30 | | | | | | |
| 18:45 | | | | | | |
| 19:00 | | | | | | |
| 19:15 | | 19:15 à 20:45 FUSION INTERMEDIAIRE 2 | 19:15 à 21:15 FUSION AVANCE | 19:15 à 20:45 FUSION INTERMEDIAIRE 1 | | |
| 19:30 | | | | | | |
| 19:45 | | | | | | |
| 20:00 | | | | | | |
| 20:15 | | | | | | |
| 20:30 | | | | | | |
| 20:45 | | | | | | |
| 21:00 | | | | | | |
| 21:15 | | | | | | |